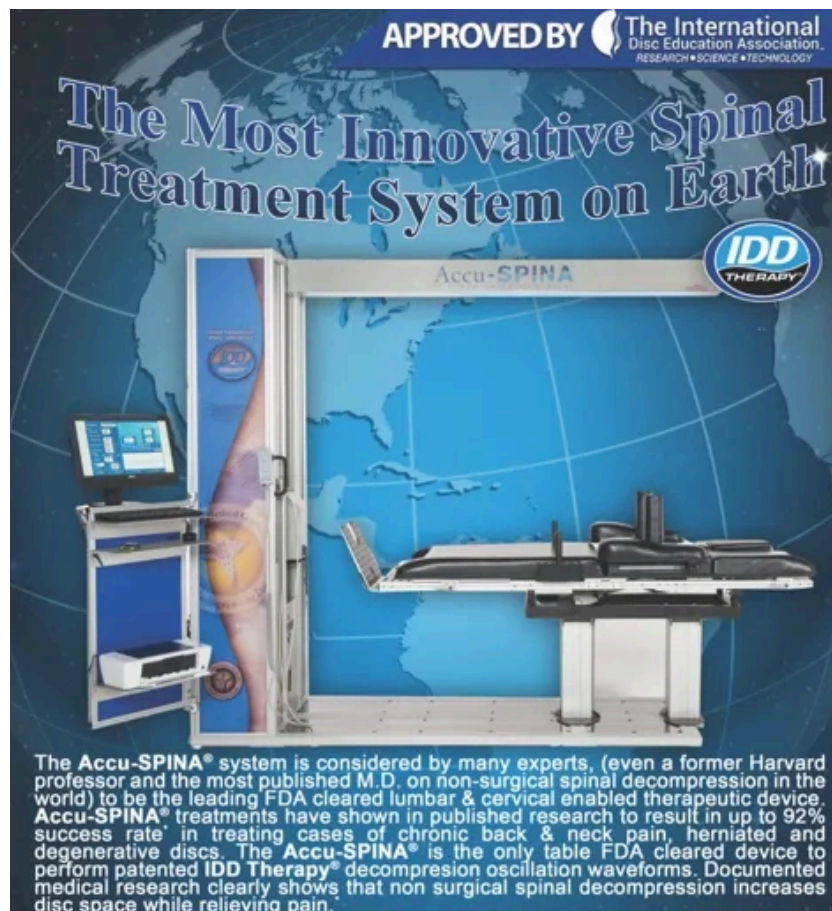



AccuSpina Package

Find Lasting Relief with AccuSpina Decompression Therapy at Capitol Spine & Rehabilitation


About Us

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we offer **AccuSpina Decompression Treatment**, a state-of-the-art, non-invasive treatment designed to relieve chronic back and neck pain caused by disc issues, herniated discs, sciatica, and more. If you're struggling with back pain and want to avoid surgery, AccuSpina may be the solution you need.



APPROVED BY  The International
Disc Education Association.
RESEARCH • SCIENCE • TECHNOLOGY

The Most Innovative Spinal
Treatment System on Earth

Accu-SPINA 

The Accu-SPINA® system is considered by many experts, (even a former Harvard professor and the most published M.D. on non-surgical spinal decompression in the world) to be the leading FDA cleared lumbar & cervical enabled therapeutic device. Accu-SPINA® treatments have shown in published research to result in up to 92% success rate in treating cases of chronic back & neck pain, herniated and degenerative discs. The Accu-SPINA® is the only table FDA cleared device to perform patented IDD Therapy® decompression oscillation waveforms. Documented medical research clearly shows that non surgical spinal decompression increases disc space while relieving pain.

What is AccuSpina Decompression Treatment?

AccuSpina Decompression Treatment uses a specialized system to gently stretch and decompress the spine. This process reduces pressure on herniated or bulging discs, relieves nerve compression, and promotes healing by improving circulation in the spinal area. This treatment has been proven to be effective for a variety of spinal conditions, offering relief without the need for surgery.

How Does AccuSpina Work?

During therapy, the AccuSpina system applies gentle, controlled traction to specific areas of your spine. The goal is to create a negative pressure in the affected discs. This negative pressure:

- **Helps retract bulging or herniated discs**, taking pressure off the nerves.
- **Draws in nutrients and oxygen** to the discs, promoting natural healing.
- **Increases the blood flow** in the targeted areas, which aids tissue repair and reduces inflammation.

Each session typically lasts between 20-30 minutes, and treatments are tailored to your specific condition.

Benefits of AccuSpina Decompression Treatment:

1. Effective Pain Relief

By reducing pressure on herniated discs and relieving nerve compression, AccuSpina helps alleviate pain caused by conditions like sciatica, chronic back pain, and neck pain.

2. Non-Invasive

AccuSpina provides a non-surgical solution to chronic pain. This means no incisions, no medications, and no recovery time required.

3. Promotes Natural Healing

The therapy creates an environment that encourages healing by drawing essential nutrients and oxygen into the damaged discs, accelerating recovery.

4. Improved Flexibility and Mobility

As the pressure on your spine is relieved, you will experience increased flexibility and improved mobility, allowing you to return to your daily activities.

5.No Downtime

Unlike surgery, AccuSpina therapy requires no recovery time, meaning you can resume normal activities right after your session.

Conditions Treated with AccuSpina Decompression Treatment:

- Herniated or Bulging Discs**
- Chronic Back and Neck Pain**
- Sciatica**
- Degenerative Disc Disease**
- Facet Joint Syndrome**
- Post-Surgical Back Pain**
- Failed Back Surgery Syndrome**

Medical Research Supporting AccuSpina Treatment:

Dr. Leslie Mayo Clinic Study

A study conducted by Dr. Leslie at the Mayo Clinic evaluated the effectiveness of spinal decompression therapy in patients with chronic low back pain (LBP). The study involved 20 patients diagnosed with musculoskeletal or mechanical LBP, including conditions such as herniated discs, bulging discs, and degenerative disc disease. The results indicated that spinal decompression therapy provided significant pain relief and improved function in these patients.

Dr. McClure Study

Dr. McClure conducted a study to assess the effectiveness of Intervertebral Differential Dynamics (IDD) Therapy, a non-invasive spinal rehabilitation treatment delivered by the Accu-SPINA device. The study

included patients with chronic low back pain, and the results demonstrated that IDD Therapy significantly reduced pain and improved function. Specifically, the study found that 92% of patients considered surgical candidates experienced a greater than 50% reduction in pain with IDD Therapy.

These studies support the efficacy of spinal decompression therapies, such as Accu-SPINA, in providing pain relief and improving function for patients with chronic low back pain.

What Our Patients Are Saying:

"After years of suffering from severe back pain, I decided to try AccuSpina Decompression Therapy. After just a few treatments, the pain was significantly reduced, and I can move without discomfort again. I'm so glad I chose this treatment!" – Mary L.

"I was facing the possibility of back surgery due to a herniated disc, but after AccuSpina therapy, I'm pain-free and back to my normal activities. This treatment has truly changed my life." – John S.

Transform Your Pain Relief with AccuSpina Decompression Therapy and Electroanalgesia

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we combine two powerful therapies – **AccuSpina Decompression Treatment** and **Electroanalgesia** – to offer a comprehensive, non-invasive solution for treating chronic back pain, neck pain, sciatica, and other musculoskeletal conditions. This synergistic approach targets pain relief at multiple levels, helping you heal faster, reduce inflammation, and restore function.

What is Electroanalgesia?

Electroanalgesia, provided by **NeuroMed** technology, uses electrical impulses to stimulate the nervous system and block pain signals, providing relief from chronic pain and acute conditions. This therapy works by stimulating specific areas of the skin, helping to alleviate pain and inflammation, and promote healing in affected tissues.

The key benefits of **Electroanalgesia** include:

- Relief from pain by blocking pain signals to the brain.
- Reduction of inflammation and muscle spasms.
- Improved blood circulation, promoting tissue repair and faster healing.
- Non-invasive, drug-free pain management option.

How Does the Combination of AccuSpina and Electroanalgesia Work?

Combining **AccuSpina Decompression Treatment** and **Electroanalgesia** provides a comprehensive approach to pain relief and healing. Here's how the combination works:

1.Spinal Decompression (AccuSpina):

AccuSpina decompresses the spine, reducing pressure on damaged discs, nerves, and surrounding tissues. This increases the blood flow and nutrients to the injured area, helping to speed up healing and reduce pain.

2.Pain Management and Muscle Relaxation (Electroanalgesia):

While AccuSpina works to decompress the spine and promote healing, **Electroanalgesia** works to block pain signals from the nervous system, providing immediate pain relief and reducing inflammation. This dual approach allows patients to experience both long-term healing and short-term pain relief during the treatment process.

3.Synergistic Healing:

By combining both therapies, you benefit from a multi-faceted treatment plan that addresses both the cause of your pain (spinal compression, disc herniation, etc.) and the symptoms (pain, inflammation, muscle tension). This results in faster recovery, more effective pain management, and improved function.

Benefits of the AccuSpina and Electroanalgesia Combination:

•Comprehensive Pain Relief:

Both therapies target pain from different angles, providing immediate and long-term relief from back pain, neck pain, sciatica, and other conditions.

•Faster Healing:

Decompression promotes tissue repair, while electroanalgesia helps reduce inflammation, allowing your body to heal more effectively and quickly.

•Increased Mobility and Flexibility:

The reduction in pain and muscle spasms, combined with improved spinal health, leads to greater mobility and flexibility.

•Non-Invasive, Drug-Free:

This combination therapy avoids the risks and recovery times associated with surgery and medications, making it a safer and more effective option for long-term pain management.

•Improved Quality of Life:

With reduced pain, improved healing, and restored function, patients can return to their daily activities with less discomfort and greater ease.

Conditions Treated with AccuSpina and Electroanalgesia:

•Herniated or Bulging Discs

•Chronic Back Pain

•Neck Pain

•Sciatica

•Degenerative Disc Disease

•Muscle Spasms

•Post-Surgical Pain

•Failed Back Surgery Syndrome

•Facet Joint Syndrome

What Our Patients Are Saying:

"I was suffering from severe back pain and sciatica and was considering surgery. After combining AccuSpina Decompression and Electroanalgesia, the pain is virtually gone! I feel like I have my life back!"

– Jessica T.

"The combination of AccuSpina and Electroanalgesia has been a game-changer for me. I've been able to move more freely and experience less pain in just a few sessions. I'm so happy with my progress!"

H.

Medical Research Supporting the Combination of Decompression and Electroanalgesia:

A **study published in the Journal of Neurosurgery: Spine** (2014) showed that spinal decompression significantly reduced pain and improved mobility in patients with disc-related conditions. In combination with **electroanalgesia**, which has been shown to reduce pain and inflammation in various musculoskeletal conditions (as noted in research from the **European Spine Journal**, 2006), this dual approach enhances overall recovery.

Why Choose AccuSpina Decompression and Electroanalgesia?

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we offer this combined treatment as part of our comprehensive approach to pain relief and healing. Our goal is to help you achieve lasting pain relief, improve mobility, and return to an active lifestyle — all without the need for invasive surgery or medications.

Get Started Today!

Take the first step toward a pain-free life with **AccuSpina Decompression Therapy** and **Electroanalgesia**. Contact us today to schedule a consultation and begin your journey to recovery.