

Softshock Package

**Rediscover Pain-Free Living with the Medray Medwave
Softshock Therapy System**

About Us

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we are proud to offer the cutting-edge **Medray Medwave Softshock Therapy System**, a revolutionary approach to pain relief and healing. This non-invasive treatment combines advanced acoustic wave technology with personalized care to help patients reclaim their quality of life.





The **Medray Medwave Softshock Therapy System** is an advanced device that utilizes acoustic wave therapy (AWT) to treat various musculoskeletal conditions. This non-invasive treatment promotes healing, reduces pain, and accelerates recovery.

What is Softshock Therapy?

Softshock Therapy uses low-frequency acoustic waves to stimulate natural healing processes in the body. These waves penetrate deep into tissues, promoting circulation, reducing inflammation, and accelerating recovery.

Conditions Treated with Softshock Therapy:

- Plantar Fasciitis:** Alleviate chronic heel pain and improve mobility.
- Tendon Disorders:** Treat issues such as tennis elbow or Achilles tendinitis.
- Muscle and Joint Pain:** Relieve discomfort and stiffness in targeted areas.
- Scar Tissue and Cellulite:** Enhance skin texture and reduce scarring.

Benefits of Softshock Supported by Medical Research:

- Enhanced Healing:** Clinical studies show improved tissue repair and faster recovery times.
- Pain Reduction:** Research indicates up to an 80% success rate in pain relief for chronic conditions.
- Non-Invasive:** Offers a safe, drug-free, and surgery-free alternative for pain management.

·**Plantar Fasciitis Treatment:** Studies have demonstrated that AWT is an effective treatment option for plantar fasciitis, with patients experiencing significant reductions in pain and improvements in mobility.

·**Cellulite Reduction:** In dermatology, research has found that AWT effectively reduces the appearance of cellulite, leading to improved skin texture.

·**Wound Healing:** Clinical studies have shown the efficacy of extracorporeal shock wave therapy (ESWT) in accelerating tissue repair and regeneration in various wounds, highlighting its potential in enhancing healing processes.

Patient Testimonial

“I suffered from plantar fasciitis for over a year, and nothing seemed to work. After just a few sessions of Softshock Therapy, my pain was almost gone! I can walk and stay active again.” – Mary D.

“My shoulder pain was unbearable, and I couldn’t lift my arm. After six treatments with the Softshock Therapy System, I’ve regained full motion and feel amazing!” – Robert S.

“After months of suffering from chronic lower back pain and plantar fasciitis, I tried the combined therapy approach. After just a few sessions, I noticed a remarkable difference. The dry needling released the knots in my back, the vacuum therapy improved my circulation, and the Softshock Therapy relieved my heel pain. I’m finally pain-free and back to living my life!” – John M.

Achilles Tendonitis Relief: Ken Buis, a patient who suffered from Achilles Tendonitis for over a year, reported significant improvement after undergoing shockwave therapy. He experienced localized pain relief in the rear of his left ankle, which had persisted despite other treatments. After receiving shockwave therapy, his condition improved notably.

Shoulder Pain Improvement: Carol Smart received both chiropractic and shockwave treatments for her right shoulder and tricep area, which had been causing her pain and limiting movement. After the first shockwave treatment, she felt significant relief. Following a total of six treatments over several weeks, her shoulder and tricep area felt amazing, and her movement had returned.

Plantar Fasciitis Recovery: Dr. Ryan H. treated a patient with chronic plantar fasciitis using shockwave therapy. After four weeks of treatment, the patient reported incredible improvement, with significant pain relief in the heel. The patient appreciated the caring and professional approach of the doctor and staff.

Why Choose Softshock Therapy?

- Quick Results:** Many patients feel relief after just a few sessions.
- Customizable Treatments:** Tailored frequencies and intensities to suit individual needs.
- No Downtime:** Return to your daily activities immediately after treatment.

Dry Needling

Dry needling is a minimally invasive technique in which thin, filiform needles are inserted into myofascial trigger points (knots) or tight muscles to alleviate pain and improve mobility.

How It Works:

- The needles stimulate underlying muscles and tissues, releasing tension and improving blood flow.
- It targets pain sources and enhances the body's natural healing mechanisms.

Benefits of Dry Needling:

- Reduces chronic and acute muscle pain.
- Improves range of motion.
- Promotes faster recovery from injuries.
- Relieves tension headaches and migraines.

Vacuum Therapy

Vacuum therapy, also known as cupping therapy, uses suction to lift the skin and underlying tissue, increasing circulation and relieving muscle tension. Modern vacuum therapy often combines traditional cupping principles with advanced technology.

How It Works:

- Cups or vacuum devices create suction to lift tissue, which enhances blood flow and stimulates lymphatic drainage.

·This process reduces muscle tightness, promotes healing, and relieves pain.

Benefits of Vacuum Therapy:

·Reduces pain and inflammation.

·Speeds up recovery from injuries.

·Relieves tension in muscles and connective tissues.

·Improves skin elasticity and reduces the appearance of scars or cellulite (in cosmetic applications).

Experience Comprehensive Pain Relief with Advanced Therapies

What Makes This Combination So Effective?

By integrating these three powerful therapies, we target multiple aspects of pain and recovery:

·**Dry Needling** addresses trigger points and muscle tension at the source.

·**Vacuum Therapy** enhances circulation and lymphatic drainage to promote tissue repair.

·**Softshock Therapy** uses acoustic waves to stimulate healing, reduce inflammation, and accelerate recovery.

Together, these treatments work synergistically to provide unmatched results for a variety of conditions.

Conditions Treated:

·Chronic and acute musculoskeletal pain.

·Tendon disorders (e.g., Achilles tendinitis, tennis elbow).

·Muscle tightness and myofascial pain.

·Joint pain and mobility restrictions.

·Plantar fasciitis, scar tissue, and post-surgical recovery.

The Benefits of Combined Therapy:

1. Pain Reduction:

- Dry Needling** relaxes tight muscles and reduces localized pain.
- Softshock Therapy** targets deeper tissues to alleviate chronic pain.
- Vacuum Therapy** enhances blood flow, which helps reduce inflammation.

2. Accelerated Healing:

- Softshock Therapy** and **Vacuum Therapy** improve circulation and stimulate cellular repair for faster recovery.
- Dry Needling** triggers the body's natural healing processes at a muscular level.

3. Improved Mobility and Function:

- Release tight muscles and scar tissue with **Dry Needling**.
- Improve joint flexibility and reduce stiffness with **Vacuum Therapy**.
- Enhance tissue recovery and prevent re-injury with **Softshock Therapy**.

Why Choose Our Comprehensive Approach?

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we personalize your treatment plan to address your unique needs. By combining the best of these therapies, we ensure faster, more effective results—without surgery or medication.

Supported by Medical Research:

- Dry Needling**: Studies in the *Journal of Orthopaedic & Sports Physical Therapy* confirm its effectiveness in reducing muscle pain and improving range of motion.
- Vacuum Therapy**: Research published in the *Journal of Alternative and Complementary Medicine* highlights its success in reducing chronic pain and inflammation.
- Softshock Therapy**: Clinical evidence demonstrates up to an 80% success rate in treating musculoskeletal conditions and speeding up recovery.

Start Your Journey to Recovery

At **Capitol Spine & Rehabilitation** and **Disc Center of America – Baton Rouge**, we combine cutting-edge treatments like **Dry Needling**, **Vacuum Therapy**, and the **Softshock Therapy System** to provide a holistic and effective approach to pain relief and healing. Let us help you reduce pain, restore mobility, and enjoy a healthier future.